



engineering
new zealand

MENTOR :: ME

AUCKLAND PILOT PROGRAMME



Engineering New Zealand is bringing back its mentoring programme, starting with a pilot in Auckland in 2018. If you're looking for the next step in your career or you want help from someone who's already walked in your shoes, then **Mentor :: Me** might be right for you.

The goal of **Mentor :: Me** is to connect engineers from all backgrounds and disciplines with senior practitioners – leaders and technical experts – to help guide them through all the professional and personal challenges they face in their early career.

How does it work?

Register your interest and complete a quick questionnaire, and we'll do the work behind the scenes to match you with someone who will be compatible with your interests, goals and current role.

Once matched, you'll receive a welcome pack complete with handbooks, FAQs and other resources to help you make the most of the programme. The rest is up to you and your mentor. But to be effective, a mentoring relationship should be in place for at least 9-12 months, which is why we've designed the programme to run over 12 months.

For mentees, there will be a \$50 fee which will be invoiced once we receive your application to join the programme.

Becoming a mentee

If you're a member of Engineering New Zealand and at the Emerging Professional level or above, then you might benefit from having a mentor in the field. A good mentor can offer many benefits, like development and networking opportunities, advice from a seasoned professional, increased confidence and much more.

Becoming a mentor

If you're an expert in your field, you have a lot to offer engineers who are looking to take a step up in their career. Mentors often learn a lot too – you can improve your leadership and interpersonal skills, exposure to new ideas and ways of thinking, all while paying it forward and sharing your experiences. If you have the skills and energy to help others, then we want to hear from you.

Mentoring that suits you

You don't have to live near your mentor/mentee to develop a strong, lasting relationship. While most mentoring is done face-to-face, and usually one-on-one, there are several other ways you can approach your relationship.

Mentoring by phone or online is increasingly popular and can be used as part of a blended approach along with face-to-face interaction. Regular phone calls with your mentor and using tools such as Skype, webinars or email are all good ways to conduct a healthy mentoring relationship.

What do I get if I join Mentor :: Me?

Along with the **Mentor :: Me** pack, you will be invited to take part in an introductory live webinar. The webinar for mentors will provide you with guidance on being an effective mentor, while the webinar for mentees will arm you with tips and tricks to get the most out of your mentoring relationship.

Not only that, you will get access to our recorded webinars "Communicating for Success" and the "Career Bootcamp" series for free.

We'll also be keeping in touch with you each month as we provide you with additional resources like video clips, podcasts and reading that will help your mentoring journey.



Register your interest

If you're an Auckland member of Engineering New Zealand at the Emerging Professional level and above, we'd love to hear from you! Register your interest at engineeringnz.org/mentorme or by emailing mentorme@engineeringnz.org by 1 June 2018.